



Postoperative Instructions - Direct Browlift

Do not make decisions or sign legal documents, drive or operate heavy machinery or drink alcohol for 24 hours after your procedure. Be in the care of a responsible adult for the first 24 hours after your procedure.

DO:

- Clean suture lines with **hydrogen peroxide or Witch Hazel** and a Q-tip 4-6 times daily.
- Apply an **over the counter ointment** (*Vaseline, Bacitracin, Polysporin, Neosporin*) to sutures following cleaning 4-6 times daily.
- Continue **cold compresses** over eyelids for 2 days. Dip wash cloth in ice water, wring out and apply every 20 minutes.
- Wear glasses, if necessary, being sure they do not push on incision lines.
- Sleep with **head elevated** 30-40 degrees. Use pillows, a wedge cushion or a recliner. Sleep on your back, not on your side or stomach.
- Wash hair following surgery if desired.
- Apply water based make-up after 10 days, if desired.

DO NOT:

- Do any exercising, bending over, or heavy lifting for the first 10 days.
- Apply make-up for the first ten (10) days following surgery.
- Pluck eyebrows for two (2) weeks.

REMEMBER:

- You may experience some bruising around the eyelids due to lymphatic drainage patterns. Most bruising subsides within 10-14 days.
- The scars over the eyebrows may remain swollen and "thick" feeling for a number of weeks post-operatively. Be patient, the scars will soften with time. You can camouflage this with make-up, if desired.
- You may experience numbness on the forehead above the incisions post operatively. This usually resolves within 3-6 months.
- Call your doctor if you have a fever over 101°, continuous drainage or bleeding, excessive nausea and or vomiting, redness or swelling from surgical site.

Your post-op appointments are on:

If you have any questions, please call the office @ 973-394-1815.