



Important Medication Advice

Aspirin, aspirin – related products, ALL herbal products, arthritis and pain medications and Vitamin E must not be taken during the two (2) weeks prior to and after surgery because they increase bleeding. For this reason, it is very important that contents of any “over-the-counter” preparations are checked carefully prior to their use. Many headache preparations, cold remedies and “hangover cures” contain ASPIRIN. The chemical name of aspirin is acetylsalicylic acid. Many arthritis and pain medications have effects on bleeding like aspirin. However, the effects are shorter lived.

TAKING ANY OF THESE MEDICATIONS THE 2 WEEKS PRIOR TO YOUR SURGERY COULD POSSIBLY POSTPONE AND/OR CANCEL YOUR SURGERY BECAUSE OF THE RISK OF BLEEDING

Prescription Medications – Always consults with your physician that prescribed the medication before you stop taking it.

ANTICOAGULANTS

Acenocoumarin (nicoumalone)	Dicoumarol	Lovenox (enoxaparin)
Acova (argatroban)	Fragmin (dalteparin)	Miradon (anisindione)
Agniomax (bivalirudin)	Heparin	Ticlopidine
Coumadin (warfarin)	Pradaxa(dabigatran)	Eliquis (apoxaban)
Xarelto (rivaroxaban)		

ANTIPLATELET DRUGS

Aggrastat (tirofiban)	Flolan (epoprostenol)	Pletal (cilostazol)
Aggrenox	Integrilin (eptifibride)	Repro (ebciximab)
Agylin (anagrelide)	Plavix (clopidogrel)	St. Joseph 81 mg
Aspirin	Persantine (dipyridamole)	Ticlid (ticlopidine)

PRESCRIPTION PRODUCTS CONTAINING ASPIRIN, SALICYLATES AND/OR SALICYAMIDES

Ascriptin w/ codeine tabs	Forte tabs	Oxycodone
Aspergum	Inhistone	Pabalate-SF tabs
Axotal tabs	Lanorinal tabs	Pamparin
Buff-A comp tabs/caps	Magan tab	Pepto-Bismol
Buff-A comp #3 tabs w/ codeine	Magsal tabs	Percodan
Darvan Compound	Mammal tabs	Persistin
Duragesic	Micrainin tabs	Robaxisal tabs
Easpirin	Norgesic	Synalgos OC caps

Empirin w/codeine tabs
Equagesic tabs
Fiorinal Tabs
Florinal w/codeine

Nytol
Nyquil
Oarvon w/ASA pulvules
Oarvon Compound Pulvules

Soma Compound tab
Talwin Compound tab
Trisilate tab/liquid
Zorprin tabs

NON-PRESCRIPTION DRUGS CONTAINING ASPIRIN, SALICYLATES AND/OR SALICYLAMIDE

4-Way cold tablets
Alka-Seltzer
Alka-Seltzer Plus cold
Buffets II tabs
Buffinol tab
Extra tab
Cama Arthritis Strength
S.A.G. tab
St. Joseph Childrens aspirin
A.S.A. Enseals
Ascriptin tab
Ascriptin A/D tab
Ascriptin extra strength
Ecotrin tab
Emagrin tab
Empirin tab
Excedrin tab or capsule
Vanquish capsule
Verin tab

Buf Tabs
Buffaprin tabs
Bufferin tabs (any kind)
Neocylate tab
Pabalate
Pepto Bismol
Persistin tab
Arthritis Strength Bufferin
Cosprin Tab
CP 2 tabs
Dasin Capsule
Doan's pills
Duradyn tab
Synalgos cap
Theracin
Trigesic
Uracel
BC tab or powder

Midol Caplets
Mobigesic tab
Momentum tab
Anacin tab
Anodynoa tab Buffinol
Arthralge tab
Arthropan liquid
Cope Tab
St. Joseph Cold tab
Salacol tab
Salato tab
Stanback powder
Supac
Asperbuf tab
Aspergum
Bayer Aspirin tab
Goody's powder
Meastruin tab

PRESCRIPTION AND NON-PRESCRIPTION PRODUCTS CONTAINING IBUPROFEN

Always consults with your physician that prescribed the medication before you stop taking it.

Aches-N-Pain
Proxicam
Mefanamic Acid
Flurbiprofen
Anaprox
Salflex
Motrin
Ibuprin
Antrhotec
Tolectin
Naproxen
Ketoprofen
Daypro
Trendar
Orudis

Fenoprofen
Advil
Relafen
Mobic
Genpril
Anaprox OS
Solindac
Nalfon
Indameth
Clinoril
Tolmetin sodium
Nuprin
Ketorolac
Dolobid
Voltaren

Medipren
Fenoprofen calcium
Aleve
Rufen
Midol 200
Haltran
Ansaid
Theracin
Naprosyn
Indocin
Celebrex
Toradol
Oiclofenac sodium
Lodine
Disalid

Tromethamine
Meclofenamate
Meclomen

Pamprin IB
Pediaprofen
Ponstel

Dristan
Feldene

HERBAL MEDICATIONS AND NUTRITIONAL SUPPLEMENTS

Billberry
Black Cohosh rhizome
Kava kava
Cayenne
Dong quai
Echinacea
Feverfew
Fish oil caps
Garlic
Ginseng
Ginkgo biloba
Hawthorne

Horse chestnut bark
Kava Kava
Licorice root
Niacin
Ma huang (ephedra)
Meadowsweet flower
Melatonin
Omega III
Poplar bark or buds
Red Clover
Sweet clover plant
St. John's Wort

Sweet birch bark
Sweet Vernal grass leaves
Sweet-scented bedstraw
Tonka bean seeds
Valerian
Vanilla leaf leaves
Vitamen E
Willow bark
Wintergreen leaves
Woodruff plant
Yohimbe

The following medications MUST BE DISCONTINUED 2 WEEKS before surgery – ONLY with your prescribing doctor's approval. It is very important we know if you are taking these medications

Adipex
Inderide
Hismanal
Esidri
Pondimin

Corgard
Blocadren
Levatol
Inderal
Redux

Fenphen
Diamon
Catrol
Propanalol

NICOTINE interferes with healing by reducing blood flow. You are advised to avoid smoking, nicotine containing gums, and patches 2 weeks prior to and after your surgery. ABSOLUTELY NO SMOKING THE MORNING OF SURGERY!

GLP-1 RECEPTOR AGONISTS

Notify the doctor if you are currently taking a GLP-1 receptor agonist (such as Ozempic, Wegovy, Trulicity, Mounjaro, Saxenda, Rybelsus, or Victoza). These medications affect how your stomach empties and may increase the risk of complications during anesthesia or sedation.

To ensure your safety during your upcoming procedure, please follow these instructions carefully:

If you take your GLP-1 medication DAILY:

- Stop taking your medication the day of your procedure.
- Do not take your GLP-1 medication on the morning of the procedure.

- Resume your medication after the procedure only when you are eating normally and per your provider's guidance.

If you take your GLP-1 medication WEEKLY:

- Stop taking your medication 7 days (1 week) before your scheduled procedure.
- Do not resume your medication until after the procedure and only when you are eating normally and your provider advises it is safe to do so.

THESE ARE SOME RECOMMENDATIONS TO HELP PROMOTE HEALING:

- **Vitamin C 500 mg twice daily for 1-2 weeks before and after surgery.**
- **Arnica Montana, take one following surgery and continue for 1-2 weeks after surgery**
- **Bromelain, begin taking 3 days prior to surgery and continue to 1-2 weeks after surgery**

The Arnica Montana and Bromelain can be purchased at your local drug store.

If you have any questions about your medications, you may contact your prescribing physician or call our office.