



### Important Medication Advice

Aspirin, aspirin – related products, ALL herbal products, arthritis and pain medications and Vitamin E must not be taken during the two (2) weeks prior to and after surgery because they increase bleeding. For this reason, it is very important that contents of any “over-the-counter” preparations are checked carefully prior to their use. Many headache preparations, cold remedies and “hangover cures” contain ASPIRIN. The chemical name of aspirin is acetylsalicylic acid. Many arthritis and pain medications have effects on bleeding like aspirin. However, the effects are shorter lived.

### **TAKING ANY OF THESE MEDICATIONS THE 2 WEEKS PRIOR TO YOUR SURGERY COULD POSSIBLY POSTPONE AND/OR CANCEL YOUR SURGERY BECAUSE OF THE RISK OF BLEEDING**

Prescription Medications – Always consults with your physician that prescribed the medication before you stop taking it.

#### ANTICOAGULANTS

Acenocoumarin (nicoumalone)	Dicoumarol	Lovenox (enoxaparin)
Acova (argatroban)	Fragmin (dalteparin)	Miradon (anisindione)
Agniomax (bivalirudin)	Heparin	Ticlopidine
Coumadin (warfarin)	Pradaxa(dabigatran)	Eliquis (apoxaban)
Xarelto (rivaroxaban)		

#### ANTIPLATELET DRUGS

Aggrastat (tirofiban)	Flolan (epoprostenol)	Pletal (cilostazol)
Aggrenox	Integrilin (eptifibtide)	Repro (ebciximab)
Agylin (anagrelide)	Plavix (clopidogrel)	St. Joseph 81 mg
Aspirin	Persantine (dipyridamole)	Ticlid (ticlopidine)

#### PRESCRIPTION PRODUCTS CONTAINING ASPIRIN, SALICYLATES AND/OR SALICYAMIDES

Ascriptin w/ codeine tabs	Forte tabs	Oxycodone
Aspergum	Inhistone	Pabalate-SF tabs
Axotal tabs	Lanorinal tabs	Pamparin
Buff-A comp tabs/caps	Magan tab	Pepto-Bismol
Buff-A comp #3 tabs w/ codeine	Magsal tabs	Percodan
Darvan Compound	Mammal tabs	Persistin

Duragesic  
Easpirin  
Empirin w/codeine tabs  
Equagesic tabs  
Fiorinal Tabs  
Florinal w/codeine

Micrainin tabs  
Norgesic  
Nytol  
Nyquil  
Oarvon w/ASA pulvules  
Oarvon Compound Pulvules

Robaxisal tabs  
Synalgos OC caps  
Soma Compound tab  
Talwin Compound tab  
Trisilate tab/liquid  
Zorprin tabs

#### NON-PRESCRIPTION DRUGS CONTAINING ASPIRIN, SALICYLATES AND/OR SALICYLAMIDE

4-Way cold tablets  
Alka-Seltzer  
Alka-Seltzer Plus cold  
Buffets II tabs  
Buffinol tab  
Extra tab  
Cama Arthritis Strength  
S.A.G. tab  
St. Joseph Childrens aspirin  
A.S.A. Enseals  
Ascriptin tab  
Ascriptin A/D tab  
Ascriptin extra strength  
Ecotrin tab  
Emagrin tab  
Empirin tab  
Excedrin tab or capsule  
Vanquish capsule  
Verin tab

Buf Tabs  
Buffaprin tabs  
Bufferin tabs (any kind)  
Neocylate tab  
Pabalate  
Pepto Bismol  
Persistin tab  
Arthritis Strength Bufferin  
Cosprin Tab  
CP 2 tabs  
Dasin Capsule  
Doan's pills  
Duradyn tab  
Synalgos cap  
Theracin  
Trigesic  
Uracel  
BC tab or powder

Midol Caplets  
Mobigesic tab  
Momentum tab  
Anacin tab  
Anodynoa tab Buffinol  
Arthralge tab  
Arthropan liquid  
Cope Tab  
St. Joseph Cold tab  
Salacol tab  
Salato tab  
Stanback powder  
Supac  
Asperbuf tab  
Aspergum  
Bayer Aspirin tab  
Goody's powder  
Meastruin tab

#### PRESCRIPTION AND NON-PRESCRIPTION PRODUCTS CONTAINING IBUPROFEN

Always consults with your physician that prescribed the medication before you stop taking it.

Aches-N-Pain  
Proxicam  
Mefanamic Acid  
Flurbiprofen  
Anaprox  
Salflex  
Motrin  
Ibuprin  
Antrhotec  
Tolectin  
Naproxen  
Ketoprofen  
Daypro

Fenoprofen  
Advil  
Relafen  
Mobic  
Genpril  
Anaprox OS  
Solindac  
Nalfon  
Indameth  
Clinoril  
Tolmetin sodium  
Nuprin  
Ketorolac

Medipren  
Fenoprofen calcium  
Aleve  
Rufen  
Midol 200  
Haltran  
Ansaid  
Theracin  
Naprosyn  
Indocin  
Celebrex  
Toradol  
Oiclofenac sodium

Trendar	Dolobid	Lodine
Orudis	Voltaren	Disalid
Tromethamine	Pamprin IB	Dristan
Meclofenamate	Pediaprofen	Feldene
Meclomen	Ponstel	

### **HERBAL MEDICATIONS AND NUTRITIONAL SUPPLEMENTS**

Billberry	Horse chestnut bark	Sweet birch bark
Black Cohosh rhizome	Kava Kava	Sweet Vernal grass leaves
Kava kava	Licorice root	Sweet-scented bedstraw
Cayenne	Niacin	Tonka bean seeds
Dong quai	Ma huang (ephedra)	Valerian
Echinacea	Meadowsweet flower	Vanilla leaf leaves
Feverfew	Melatonin	Vitamin E
Fish oil caps	Omega III	Willow bark
Garlic	Poplar bark or buds	Wintergreen leaves
Ginseng	Red Clover	Woodruff plant
Ginkgo biloba	Sweet clover plant	Yohimbe
Hawthorne	St. John's Wort	

**The following medications MUST BE DISCONTINUED 2 WEEKS before surgery – ONLY with your prescribing doctor's approval. It is very important we know if you are taking these medications**

Adipex	Corgard	Fenphen
Inderide	Blocadren	Diamon
Hismanal	Levatol	Catrol
Esidri	Inderal	Propanalol
Pondimin	Redux	

**NICOTINE interferes with healing by reducing blood flow. You are advised to avoid smoking, nicotine containing gums, and patches 2 weeks prior to and after your surgery. ABSOLUTELY NO SMOKING THE MORNING OF SURGERY!**

### **GLP-1 RECEPTOR AGONISTS**

Notify the doctor if you are currently taking a GLP-1 receptor agonist (such as Ozempic, Wegovy, Trulicity, Mounjaro, Saxenda, Rybelsus, or Victoza). These medications affect how your stomach empties and may increase the risk of complications during anesthesia or sedation.

To ensure your safety during your upcoming procedure, please follow these instructions carefully:

If you take your GLP-1 medication DAILY:

- Stop taking your medication the day of your procedure.

- Do not take your GLP-1 medication on the morning of the procedure.
- Resume your medication after the procedure only when you are eating normally and per your provider's guidance.

If you take your GLP-1 medication WEEKLY:

- Stop taking your medication 7 days (1 week) before your scheduled procedure.
- Do not resume your medication until after the procedure and only when you are eating normally and your provider advises it is safe to do so.

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#### **THESE ARE SOME RECOMMENDATIONS TO HELP PROMOTE HEALING:**

- **Vitamin C 500 mg twice daily for 1-2 weeks before and after surgery.**
- **Arnica Montana, take one following surgery and continue for 1-2 weeks after surgery**
- **Bromelain, begin taking 3 days prior to surgery and continue to 1-2 weeks after surgery**

The Arnica Montana and Bromelain can be purchased at your local drug store.

If you have any questions about your medications, you may contact your prescribing physician or call our office.